**Healthy Family Formula**

**Private and Personalized Health Coaching**

**Special Rates, Packages, and Options for Families Through Epidemic Answers**

**1.5-Hour Initial Consult: $300CDN**

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**Starter Coaching Package:** 1 initial consult (1.5 hours) + 1 follow-up (1 hour): **$450CDN**

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**6-Month Coaching Package**: (1 initial consult + 5 follow-ups + email questions if they are a reasonable length – over 10 minutes will qualify as a single email quick consult – PLUS access to the materials in my Family Health Revolution group coaching program, which is usually a $200 add-on service for current clients and $997 on its own): **one payment of $1050CDN** (save $325CDN plus receive extra materials) https://wf181.infusionsoft.com/app/manageCart/addProduct?productId=148

**6-Month Coaching Package with payment plan:** (1 initial consult + 5 follow-ups + email questions if they are a reasonable length – over 10 minutes will qualify as a single email quick consult – PLUS access to the materials in my Family Health Revolution group coaching program, which is usually a $200 add-on service for current clients and $997 on its own): **6 monthly payments of $183CDN/month** (save $275CDN plus receive extra materials)

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**Single 1-hour Follow-up: $175CDN**

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**Single Email Quick Consult: $30CDN**

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Please cut and paste the link into your browser for the service you would like to select to get started. Once you have completed the purchase process, you will be given the option to book your first appointment. If you need to make alternative arrangements, please contact our office at: [carla@lotushealthproject.com](mailto:carla@lotushealthproject.com) or by using my [contact form](http://healthyfamilyformula.com/about-us/contact/).

I look forward to assisting you and your family!