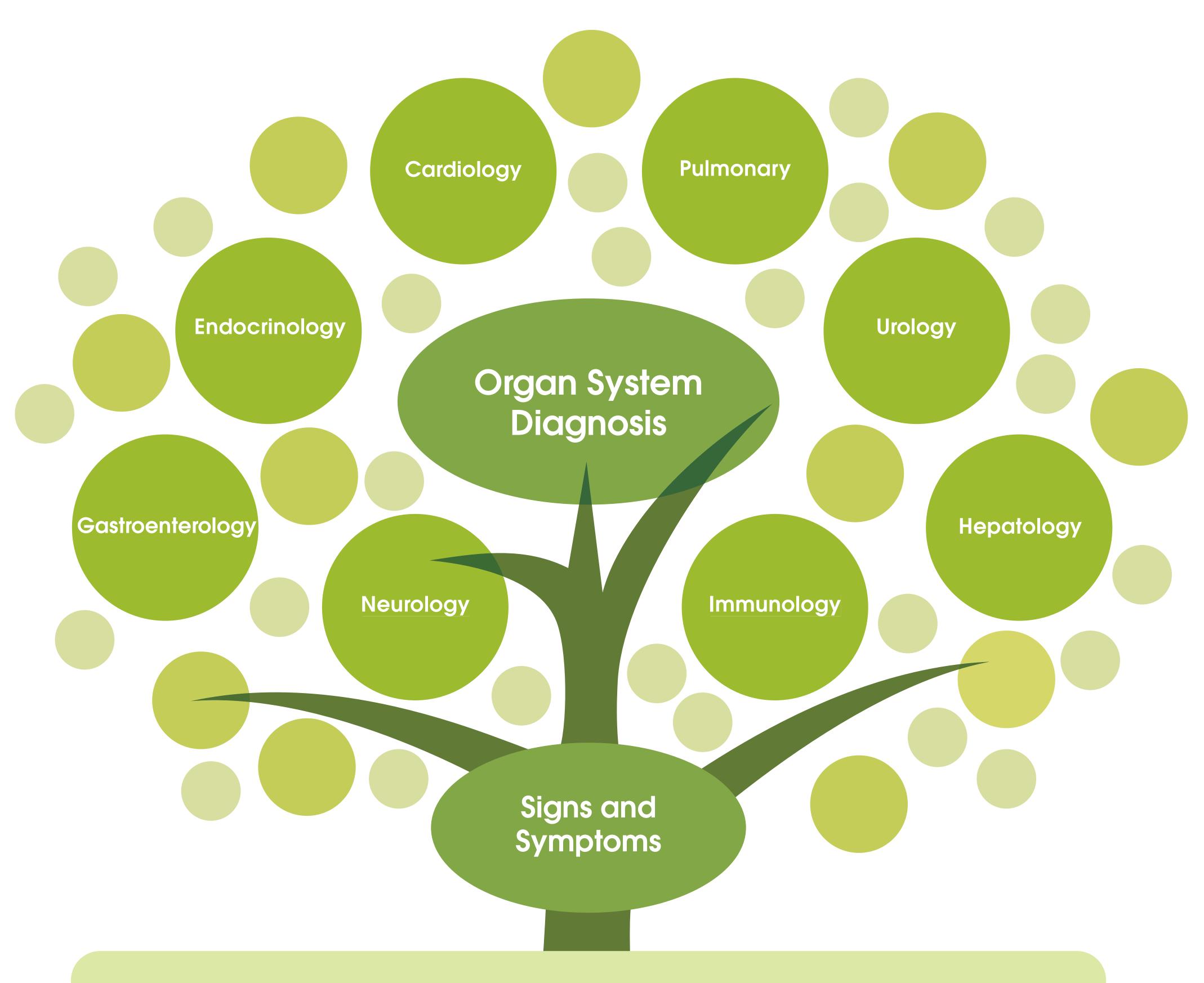
## The Functional Medicine Tree



## The Fundamental Organizing Systems and Core Clinical Imbalances

Assimilation

Digestion, Absorption, Microbiota/GI, Respiration

Defense and Repair
Immune system, Inflammatory
processes, Infection and microbiota

Energy

Energy regulation, Mitochondrial function
Biotransformation and Elimination
Toxicity, Detoxification

Communication

Endocrine, Neurotransmitters, Immune messengers, Cognition

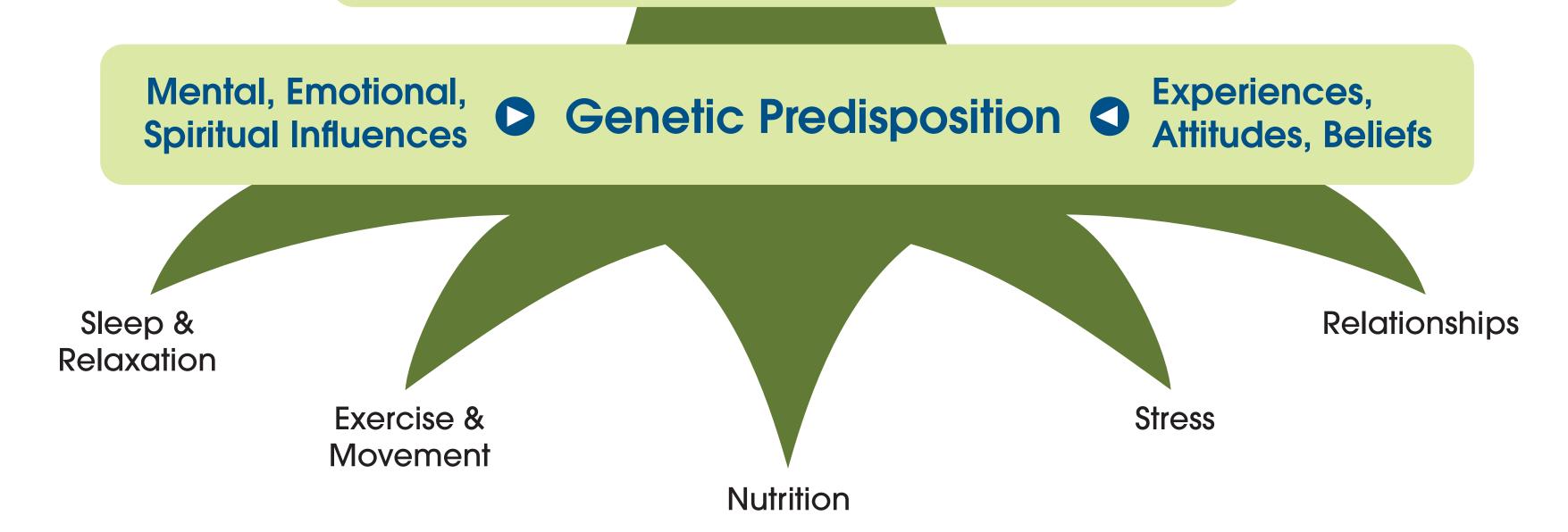
Transport

Cardiovascular, Lymphatic systems

Structural Integrity

From the subcellular membranes to the musculoskeletal system

## Antecedents, Triggers, and Mediators



Personalizing Lifestyle and Environmental Factors